

## Ergebnisliste Mannschaft

Mannschaft	Zeit/Plz.-Sum.	Platz
<b>10 Km</b>		
<b>Männer</b>		
<b>SpezPiRgt 164 Nordfriesland</b>	1:54:32,0	1.
<i>Krahn, Vincent (89) (34:24,0) Unverdorben, Florian (93) (39:27,0) Lippmann, David (83) (40:41,0)</i>		
<b>LAV Husum</b>	2:02:58,0	2.
<i>Ingwersen, Jan (92) (39:50,0) Cibis, André (63) (40:22,0) Sievers, Stephan (66) (42:46,0)</i>		
<b>SpezPiRgt 164 Nordfriesland (2)</b>	2:05:06,0	3.
<i>Brandt, Rolf (67) (41:00,0) Raiber, Tim (80) (41:12,0) Verges, Jan (76) (42:54,0)</i>		
<b>Borener SV</b>	2:05:14,0	4.
<i>Stoll, Michael (64) (38:27,0) Witt, Thomas (79) (40:26,0) Rudies, Bernd (63) (46:21,0)</i>		
<b>TSV Hattstedt</b>	2:08:27,0	5.
<i>Kohn, Tade (99) (34:34,0) Lemke, Mark (90) (44:37,0) Sievers, Luk (99) (49:16,0)</i>		
<b>SpezPiRgt 164 Nordfriesland (3)</b>	2:12:52,0	6.
<i>Fedderson, Finn (92) (43:51,0) Rönnau, Andreas (60) (44:08,0) Langfahl, Fabian (78) (44:53,0)</i>		
<b>TSV Mildstedt</b>	2:12:54,0	7.
<i>Bukowsky, Jan (66) (42:01,0) Müller, Jan (68) (45:25,0) Jeutter, Klaus (61) (45:28,0)</i>		
<b>Klinikum Nordfriesland Team 1</b>	2:13:42,0	8.
<i>Carstens, Peter (60) (42:59,0) Thomsen, Arne (70) (43:36,0) Vogt, Oliver (78) (47:07,0)</i>		
<b>Husumer Volksbank eG</b>	2:15:34,0	9.
<i>Reichardt, Truels (94) (41:57,0) Hansen, Sönke (84) (44:12,0) Thomsen, Dieter (68) (49:25,0)</i>		
<b>LaufLok NF</b>	2:16:06,0	10.
<i>Pawlina, Martin (80) (44:20,0) Petersen, Lennart (99) (45:44,0) Mohn, Frank (64) (46:02,0)</i>		
<b>SpezPiRgt 164 Nordfriesland (4)</b>	2:19:04,0	11.
<i>Peters, Thorsten (69) (45:17,0) Unger, Marco (68) (46:15,0) Schaffer, Frank (65) (47:32,0)</i>		
<b>VR Bank eG Niebüll</b>	2:23:48,0	12.
<i>Petersen, Thies (94) (46:56,0) Sörensen, Lasse (91) (48:16,0) Mextorf, Henning (92) (48:36,0)</i>		
<b>Ostroher SC</b>	2:25:15,0	13.
<i>Midwer, Axel (60) (43:56,0) Tjarks, Uwe (55) (50:39,0) Kracht, Jürgen (63) (50:40,0)</i>		
<b>Hörakustik Veit</b>	2:28:59,0	14.
<i>Schulz, Sascha (96) (47:44,0) Biermann, Bernd (64) (47:45,0) Gärtner, Richard (87) (53:30,0)</i>		
<b>Arche unterstütztes Wohnen</b>	2:29:16,0	15.
<i>Lemke, Jens (58) (45:11,0) Rasztar, Robert (67) (48:01,0) Matschijewski, Patrick (87) (56:04,0)</i>		
<b>TSV Mildstedt (2)</b>	2:30:07,0	16.
<i>Dircks, Carsten (71) (47:08,0) Münster, Henry (95) (50:45,0) Bütow, Eckhard (51) (52:14,0)</i>		
<b>Stadt Husum BMW NordHafen</b>	2:30:57,0	17.
<i>Ewert, Andreas (77) (47:08,0) Hussein, Ahmad (94) (51:49,0) Alzoubi, Tarek (84) (52:00,0)</i>		
<b>LTV Kiel-Ost</b>	2:32:36,0	18.
<i>Thomsen, Nils (83) (43:00,0) Sauer, Edgar (57) (49:33,0) Knutzen, Heiko (54) (1:00:03,0)</i>		

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Mannschaft	Zeit/Plz.-Sum.	Platz
<b>10 Km</b>		
<b>GEORG C. Hansen</b>	2:33:35,0	19.
<i>Reinhold, Tobias (91) (47:02,0) Larssen, Bjarne (99) (50:00,0) Carstensen, Daniel (89) (56:33,0)</i>		
<b>Friseur Kamm In Team II</b>	2:35:54,0	20.
<i>Clausen, Holger (59) (50:41,0) Jessen, Henrik (92) (50:52,0) Müller, Alex (86) (54:21,0)</i>		
<b>Husumer Volksbank eG (2)</b>	2:37:02,0	21.
<i>Kübner, Christopher (90) (50:14,0) Gottwald, Bernhard (50) (52:15,0) Zastrow, Alfred (51) (54:33,0)</i>		
<b>TSV Goldebek</b>	2:37:10,0	22.
<i>Christiansen, Asmus (62) (49:17,0) Jessen, Behrend (63) (51:04,0) Schmidt, Reiner (65) (56:49,0)</i>		
<b>TSV St. Peter-Ording</b>	2:37:22,0	23.
<i>Philippson, Thomas (73) (42:13,0) Wilde, Rainer (53) (57:34,0) Trußner, Hans-Werner (55) (57:35,0)</i>		
<b>Stadtwerke Husum GmbH</b>	2:37:24,0	24.
<i>Dreesen, Felix (95) (43:03,0) Detlefsen, Leif (72) (56:54,0) Jöns, Jochen (70) (57:27,0)</i>		
<b>SV Enge-Sande</b>	2:44:34,0	25.
<i>Niebergall, Rolf (64) (40:08,0) Carstensen, Thomas (64) (53:21,0) Dibbern, Dirk (55) (1:11:05,0)</i>		
<b>carebyphone integration GmbH &amp; Co. KG</b>	2:59:11,0	26.
<i>Klink, Andreas (69) (46:31,0) Lehmann, Chris (80) (54:51,0) Esin, Orhan (93) (1:17:49,0)</i>		
<b>LAV Husum - 10FÜR10</b>	3:08:33,0	27.
<i>Sell, Heiko (69) (57:54,0) Scheil, Jürgen (57) (1:03:50,0) Schenck, Martin (70) (1:06:49,0)</i>		

## Frauen

<b>SZ Arlewatt (2)</b>	2:23:30,0	1.
<i>Christiansen, Nina (88) (47:14,0) Christiansen, Helga (63) (47:19,0) Hansen, Kira (98) (48:57,0)</i>		
<b>TSV Mildstedt (4)</b>	2:25:31,0	2.
<i>Jeutter, Gönnä (64) (46:32,0) Dircks, Anja (74) (46:48,0) Jeutter, Paulina (99) (52:11,0)</i>		
<b>Husumer Volksbank eG (4)</b>	2:48:03,0	3.
<i>Flatterich, Nele (97) (51:12,0) Petersen-Richter, Birte (71) (55:02,0) Peters, Bente (99) (1:01:49,0)</i>		
<b>Klinikum Nordfriesland Team 2</b>	2:49:36,0	4.
<i>Hansen, Heide (60) (52:56,0) Holste, Natascha (92) (56:45,0) Carstensen, Inga (89) (59:55,0)</i>		
<b>LAV Husum - 10FÜR10 (3)</b>	2:50:22,0	5.
<i>Christiansen, Tanja (70) (50:42,0) Zabel, Sylvia (68) (59:10,0) Endruschat, Monika (62) (1:00:30,0)</i>		
<b>TSV St. Peter-Ording (2)</b>	2:51:37,0	6.
<i>Lappert, Evelyn (50) (56:41,0) Kern, Marion (59) (56:44,0) Drescher, Daniela (70) (58:12,0)</i>		
<b>TSV Goldebek (3)</b>	2:54:09,0	7.
<i>Schmidt, Bärbel (67) (51:13,0) Beeck, Wiebke (73) (1:01:28,0) Nielsen, Maike (78) (1:01:28,0)</i>		
<b>Therapie Schule Nord Team 1 (2)</b>	3:01:37,0	8.
<i>Witt, Julia (96) (54:11,0) Ludorf, Eicke (87) (1:02:26,0) Hinz, Levke (74) (1:05:00,0)</i>		
<b>SV Germania Breklum (2)</b>	3:02:54,0	9.
<i>Jensen, Kirsten (73) (1:00:57,0) Fröhlich-Kach, Sinje (75) (1:00:58,0) Sierks, Astrid (79) (1:00:59,0)</i>		

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Mannschaft	Zeit/Plz.-Sum.	Platz
<b>10 Km</b>		
<b>LG Verges (2)</b>	3:03:05,0	10.
<i>Verges, Andrea (80) (56:52,0)    Schuldt, Denise (82) (1:03:02,0)    Verges, Daniela (77) (1:03:11,0)</i>		
<b>Friseur Kamm In Team I (2)</b>	3:09:39,0	11.
<i>Christiansen, Britta (66) (53:57,0)    Hennige, Simone (62) (1:03:49,0)    Martens-Groth, Birgit (63) (1:11:53,0)</i>		
<b>Therapie Schule Nord Team 2 (2)</b>	3:15:00,0	12.
<i>Dschafarow, Olga (74) (56:47,0)    August, Marie (96) (1:09:06,0)    Ohmsen, Ronja (94) (1:09:07,0)</i>		
<b>TSV St. Peter-Ording (3)</b>	3:26:58,0	13.
<i>Hassenpflug, Astrid (67) (1:00:12,0)    Koeppen, Juliane (78) (1:03:46,0)    Philippsen, Sandra (74) (1:23:00,0)</i>		

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Mannschaft	Zeit/Plz.-Sum.	Platz
<b>10 Km</b>		
<b>männliche Jugend U18</b>		
<b>TSV Hattstedt</b>	2:13:32,0	1.
<i>Kohn, Tade (99) (34:34,0) Sievers, Luk (99) (49:16,0) Hansen, Jannes (99) (49:42,0)</i>		
<b>Männer</b>		
<b>SpezPiRgt 164 Nordfriesland</b>	1:57:42,0	1.
<i>Krahn, Vincent (89) (34:24,0) Unverdorben, Florian (93) (39:27,0) Feddersen, Finn (92) (43:51,0)</i>		
<b>VR Bank eG Niebüll</b>	2:23:48,0	2.
<i>Petersen, Thies (94) (46:56,0) Sörensen, Lasse (91) (48:16,0) Mextorf, Henning (92) (48:36,0)</i>		
<b>Husumer Volksbank eG</b>	2:27:46,0	3.
<i>Reichardt, Truels (94) (41:57,0) Küßner, Christopher (90) (50:14,0) Lem, Danny (95) (55:35,0)</i>		
<b>Hörakustik Veit</b>	2:37:27,0	4.
<i>Schulz, Sascha (96) (47:44,0) Gärtner, Richard (87) (53:30,0) Werner, Matthias (87) (56:13,0)</i>		
<b>Senioren M30</b>		
<b>SpezPiRgt 164 Nordfriesland (2)</b>	2:06:46,0	1.
<i>Lippmann, David (83) (40:41,0) Raiber, Tim (80) (41:12,0) Langfahl, Fabian (78) (44:53,0)</i>		
<b>Stadt Husum BMW NordHafen (2)</b>	2:32:51,0	2.
<i>Ewert, Andreas (77) (47:08,0) Alzoubi, Tarek (84) (52:00,0) Azouz, Mahmoud (82) (53:43,0)</i>		
<b>Senioren M40</b>		
<b>SpezPiRgt 164 Nordfriesland (3)</b>	2:09:11,0	1.
<i>Brandt, Rolf (67) (41:00,0) Verges, Jan (76) (42:54,0) Peters, Thorsten (69) (45:17,0)</i>		
<b>Senioren M50</b>		
<b>Klinikum Nordfriesland Team 1 (3)</b>	2:20:27,0	1.
<i>Carstens, Peter (60) (42:59,0) Rachwalik, Marius (58) (47:09,0) Zabel, Dirk (62) (50:19,0)</i>		
<b>Ostroher SC</b>	2:26:59,0	2.
<i>Midwer, Axel (60) (43:56,0) Kracht, Jürgen (63) (50:40,0) Piller, Jens (66) (52:23,0)</i>		
<b>TSV Goldebek (2)</b>	2:37:10,0	3.
<i>Christiansen, Asmus (62) (49:17,0) Jessen, Behrend (63) (51:04,0) Schmidt, Reiner (65) (56:49,0)</i>		
<b>Frauen</b>		
<b>Therapie Schule Nord Team 2 (2)</b>	3:27:35,0	1.
<i>August, Marie (96) (1:09:06,0) Ohmsen, Ronja (94) (1:09:07,0) Fischer, Pia (93) (1:09:22,0)</i>		
<b>Seniorinnen W30</b>		

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<b>Mannschaft</b>	<b>Zeit/Plz.-Sum.</b>	<b>Platz</b>
<b>10 Km</b>		
<b>LG Verges (3)</b>	3:03:05,0	1.
<i>Verges, Andrea (80) (56:52,0)    Schuldt, Denise (82) (1:03:02,0)    Verges, Daniela (77) (1:03:11,0)</i>		
<b>Seniorinnen W40</b>		
<b>TSV St. Peter-Ording (4)</b>	3:21:24,0	1.
<i>Drescher, Daniela (70) (58:12,0)    Hassenpflug, Astrid (67) (1:00:12,0)    Philippsen, Sandra (74) (1:23:00,0)</i>		
<b>Seniorinnen W50</b>		
<b>Friseur Kamm In Team I (3)</b>	3:09:39,0	1.
<i>Christiansen, Britta (66) (53:57,0)    Hennige, Simone (62) (1:03:49,0)    Martens-Groth, Birgit (63) (1:11:53,0)</i>		